

Helping Hands Sewing Day – July 20, 2017 – 2:00 pm

Bento Box Quilt Block – Two Ways

Supplies

Sewing machine and accessories
Neutral thread
Rotary Cutter
Cutting mat
6 x 12 or 6 x 24 inch ruler
15 inch ruler (or at least 13 inches)

optional

iron
ironing surface

Sewing supplies

For both Methods—the fabrics need to contrast each other!

Method 1: Using charms and jelly roll strips:

Fabric A (center):	1 at 5" x 5" square
Fabric B (first ring):	2 at 2.5" x 5"
	2 at 2.5" x 9"
Fabric C (second ring):	2 at 2.5" x 9"
	2 at 2.5" x 13"

Method 2: Using 3.5" strips

Fabric A: 3.5" x WOF (width of fabric)
Fabric B: 3.5" x WOF